



WELCOME LETTER

Thank you for choosing Money Talks Baltimore, LLC/ Money Talks Tampa, LLC for your wellness needs.

Mission: To promote financial health and emotional well-being through a unique psychotherapeutic approach

Vision: All individuals will achieve a satisfying relationship with money and themselves

Money Talks Baltimore services consumers in Maryland, Virginia, North Carolina and South Carolina. Money Talks Tampa serves consumers in Florida. Both practices provide counseling, traditional psychotherapy services and incorporate discussion about money related behaviors which is often a taboo or unexplored topic with general mental health professionals.

Financial Therapy is a specialized intervention to help individuals develop a healthier relationship with money and take control of unhealthy habits. Services are rendered virtually by Latisha S. Christensen, a licensed mental health professional or practitioners under Ms. Christensen's supervision which may include interns or other licensed professionals. Financial Therapy includes various financial assessments and intervention of problematic thoughts and behaviors pertaining to money; A manualized approach to address maladaptive money behaviors; basic money management; counseling; financial literacy and referrals.

The relationship one has with their money impacts feelings, behavior and thinking. Often, people suffer in silence about money problems because of cultural beliefs, personal and generational attitudes about money and the widely accepted idea that money is a private matter. When an individual has money problems without proper support, knowledge of self-sabotaging behaviors and healthy coping, the risk for mental illness increases.

Business hours are Tuesday - Thursday 9 AM - 5PM & Saturdays by appointment

Office Numbers (MD, VA, NC, SC) 410-670-5889

Florida 813-358-2268

Fax number is 877-441-2845

Email: info@moneytalksbaltimore.com or info@moneytalkstampa.com

Website: www.moneytalksbaltimore.com

Services:

- **Diagnostic Assessment:** a comprehensive examination and evaluation of the consumer's psychosocial history and presenting problems for billing to health insurance carrier.
- **Treatment/Psychotherapy:** medically necessary services provided to consumers to improve functioning, address symptoms, relieve excess stress and promote positive orientation. Services may be provided in an individual, family, couple and/or group format.
- **Counseling:** Growth Oriented, Solution-Focused and Problem-Solving therapies are used to assist consumers in gaining wisdom to achieve their optimal self. Does not require insurance and HSA/FSA can be used along with other out-of-pocket options.